



Natural Bio Indigo

Instructions

INDIGO belongs to the 'vat' family of dyes and whether you use natural Indigo or synthetic, they are both insoluble. To dissolve Indigo, you first need to remove the oxygen from the dyebath and then dissolve the dye. After this has been done it will be able to bond with the fabric. Indigo will only dye natural fibres and Natural Bio Indigo tends to be weaker than Synthetic Indigo but otherwise, they both behave the same way in the dyebath. This recipe is for the HYDROSULPHITE vat. There are several different vat recipes, but this is the most straightforward, quickest, and easiest method. We recommend sensible dyeing practices - always work in a well-ventilated space, wear gloves, and avoid breathing fumes.

EQUIPMENT:

Rubber Gloves
Wooden Spoon
Stainless steel pot or plastic bucket
Thermometer
Measuring Jug
Protective Clothing
Heat Source

MATERIALS:

Soda Ash
Natural Bio Indigo Powder
Sodium Hydrosulphite
Any natural fabric or fibre (wash before dyeing)
A sense of adventure

The dye is dissolved with Soda Ash or Caustic Soda and then Sodium Hydrosulphite is used to remove the oxygen from the dyebath. This is known as 'vatting out'. When Indigo is vatted out in solution it changes from blue to yellow/green. The surface of the dyebath should be a bluish, bronzy colour with some bubbles on it which is known as 'the flower'. This is caused by the Indigo returning to its insoluble state where it comes into contact with oxygen. A healthy Indigo dyebath should be greenish/yellow. Once the dye is dissolved, the fabric is submerged in the vat. When the dyeing is complete, the fabric is removed from the dyebath, exposed to the air (OXIDISED) and the dye returns to its original rich blue colour. An Indigo vat is in a constant state of fermentation, and you will need to keep an eye on the health of your vat for a successful dyeing.

This recipe is for **500gm** fabric but can be adjusted for larger or smaller amounts by multiplying the amounts or dividing the ingredients proportionately.

20gms Natural Bio Indigo Powder

150gms Soda Ash

100gms HYDROS ST 25% Sodium Hydrosulphite (12-13gms/Litre)

PREPARING THE DYEBATH:

- To start, carefully dissolve Soda Ash in 500mls of boiling water.
- Dissolve the Indigo powder in hot water and slowly add the Soda Ash solution - make sure they are thoroughly mixed.
- Prepare the dyebath with 6.5 litres of hot water. Stir Dye/Soda Ash solution gently into dyebath.
- Sprinkle 80gms Sodium Hydrosulphite over the surface of the vat, stir gently, cover and let it stand until the dye is completely vatted out. By covering the dyebath, you avoid too much oxidation. When the dyebath is ready to use, it should be a clear greenish yellow colour and have bronzy bubbles on the surface. If the dyebath is still blue and cloudy, the dye is not dissolved properly and you will need to add a little more Hydros.

DYEING THE FABRIC:

- Before dyeing the fabric, make sure the Indigo is completely 'reduced' by dipping a sample of the fabric or paper into the vat. It should come out of the dyebath greenish yellow and then turn blue when exposed to the air.
- Try to keep the vat at 50°C, lower the fabric into the dyebath and leave it there for 10mins.
- Remove from the dyebath, squeeze out excess dye and allow it to OXIDISE. To darken the shade re-dip the dyeing for a further 10 minutes or leave it longer.
- Check your dyebath to make sure it is still in solution and if you notice it's going greenish/blue, sprinkle a little more Hydros on the surface to keep it vatted out. Avoid the 'flower' bubbles, these will leave blotches on your fabric.
- After you have oxidised your fabric and you're happy with the colour, wash well in hot soapy water to remove excess dye and chemicals.

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